

Bantock Primary School Long Term Planning Physical Education

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	PE		Action songs	Moving in different ways	Actions songs	Moving in different ways	Action songs
	Games	Balls	Bags	Bean bags TOP Gymnastics: Balls and Beanies (Card 14)	Balls	Hoops	Bean bags
Reception	PE	Dance (Unit 1) STARS, RABBITS.....	Gymnastics INTRODUCTORY UNIT TOP Gymnastics: Body preparation (Card 1)	Gymnastics (Unit A) TRAVELLING TOP Gymnastics: Travel (Card 10 and 11)	Dance (Unit 2) ICICLES & WATER.....	Gymnastics (Unit B) STRETCHING & CURLING TOP Gymnastics: Shape (Card 8 and 9)	Dance (Unit 3) BLOWING BUBBLES.....
	Games	Games (Unit 1) USING BEAN BAGS		Games (Unit 2) USING A BALL		Games (Unit 3) USING HOOPS AND QUOITS	Games (Unit 4) USING ROPES, BATS AND BALLS
Year 1	PE	Gymnastics 1 TOP Gymnastics: Landing, Jumps, Leaps and Turns (Card 4 and 5) Week 7 – Yoga Week 8 - Teamwork and Leadership	Dance 1 Wolves Coaches Week 7 – Mindfulness	Gymnastics 2 TOP Gymnastics: Balance (Card 2 and 3)	Dance 2	Gymnastics 3 TOP Gymnastics: Rocking and Rolling (Card 6 and 7)	Dance 3
	Games	Games 1 Week 7 and 8 – Intra competitions	Games 2 Week 7 – Intra competition	Games 3	Games 4 Wolves Coaches	Games 5	Athletics
Year 2	PE	Dance 1 Week 7 – Yoga Week 8 - Teamwork and Leadership	Gymnastics 1 Week 7 – Mindfulness	Dance 2 Wolves Coaches	Gymnastics 2 TOP Gymnastics: Travel (Card 10 and 11)	Dance 3 TOP Dance: Time (Card 5) TOP Dance: Technologic (Card 3)	Gymnastics 3
	Games	Games 1 Wolves Coaches Week 7 and 8 – Intra competitions	Games 2 Week 7 – Intra competition	Games 3	Games 4	Games 5	Athletics

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Year 3	PE	Dance 1 TOP Dance: Time (Card 5) TOP Dance: Technologic (Card 3) Week 7 – Yoga Week 8 - Teamwork and Leadership	Gymnastics 1 TOP Gymnastics: Shape (Card 8 and 9) Week 7 – Mindfulness	Dance 2	Gymnastics 2 TOP Gymnastics: Travel (Card 10 and 11)	Dance 3	Gymnastics 3 Wolves Coaches
	Games	Football Week 7 and 8 – Intra competitions	Tag Rugby Week 7 – Intra competition	Hockey Wolves Coaches	Netball	Cricket	Athletics
Year 4	PE	Gymnastics 1 TOP Gymnastics: Balance (Card 1, 2 and 3) Week 7 – Yoga Week 8 - Teamwork and Leadership	Dance 1 Week 7 – Mindfulness	Gymnastics 2	Dance 2 Wolves Coaches TOP Dance: Technologic (Card 3)	Gymnastics 3 TOP Gymnastics: Rocking and Rolling (Card 6 and 7)	Dance 3
	Games	Basketball Week 7 and 8 – Intra competitions	Tag Rugby (Year 5 Unit of work) Week 7 – Intra competition	Handball	Athletics	Rounders Wolves Coaches	Tennis
Year 5	PE	SWIMMING	SWIMMING	SWIMMING	SWIMMING	SWIMMING	SWIMMING
	PE	Dance 1 Week 7 – Yoga Week 8 - Teamwork and Leadership	Gymnastics 1 Week 7 – Mindfulness	Dance 2	Gymnastics 2 TOP Gymnastics: Landing, Jumps, Leaps and Turns (Card 4 and 5)	Dance 3 Wolves Coaches TOP Dance: Environment (Card 8)	Gymnastics 3 TOP Gymnastics: Travel (Card 10 and 11)
Games	Football Week 7 and 8 – Intra competitions	Netball Wolves Coaches Week 7 – Intra competition	Hockey	Cricket	Athletics		
Year 6	PE	Gymnastics 1 Wolves Coaches TOP Gymnastics: Working with a Partner (Card 12)	Dance 1 Week 7 – Mindfulness	Gymnastics 2	Dance 2 TOP Dance: Environment (Card 8)	Gymnastics 3 TOP Gymnastics: Balance (Card 1, 2 and 3)	Dance 3

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		<p>Week 7 – Yoga</p> <p>Week 8 - Teamwork and Leadership</p>			<p>TOP Dance: Technologic (Card 3)</p>	<p>TOP Gymnastics: Working with a Partner (Card 12)</p>	
	<p>Games</p>	<p>Basketball</p> <p>Week 7 and 8 – Intra competitions</p>	<p>Handball</p> <p>Week 7 – Intra competition</p>	<p>Outdoor and Adventure</p>	<p>Athletics</p>	<p>Rounders</p>	<p>Tennis</p> <p>Wolves Coaches</p>