

Physical Education Curriculum Overview

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	PE	DANCE		Moving in different ways.	Action Songs	Moving in different ways	Action songs
	Games	balls	bags	bean bags	balls	hoops	bean bags
Reception	PE	DANCE COACH		Gymnastics (Unit A) TRAVELLING	Dance (Unit 2) ICICLES & WATER.....	Gymnastics (Unit B) STRETCHING & CURLING	Dance (Unit 3) BLOWING BUBBLES.....
		Gymnastics INTRODUCTORY UNIT	Dance (Unit 1) STARS, RABBITS.....				
	Games	Games (Unit 1) USING BEAN BAGS		Games (Unit 2) USING A BALL		Games (Unit 3) USING HOOPS AND QUOITS	Games (Unit 4) USING ROPES, BATS AND BALLS
Year 1	PE	Dance (Unit 1) STREAMERS / CONKERS / PLAYING WITH A BALL	Gymnastics (Unit D) FLIGHT – BOUNCING/JUMPING/LANDING	Dance (Unit 2) MARCH, MARCH, MARCH / JACK AND THE BEANSTALK DANCE COACH	Gymnastics (Unit E) POINTS AND PATCHES	Dance (Unit 3) FOG & SUNSHINE / WASHING DAY / HANDA'S SURPRISE	Gymnastics (Unit F) ROCKING AND ROLLING
	Games	Games (Unit 1) BALL SKILLS AND GAMES	Games (Unit 2) THROWING & CATCHING – AIMING GAMES	Athletics (Unit 1)	Games (Unit 3) BAT/BALL SKILLS AND GAMES - SKIPPING	Athletics (Unit 2)	Games (Unit 4) DEVELOPING PARTNERWORK
Year 2	PE	Gymnastics (Unit H) PARTS HIGH AND PARTS LOW	Dance (Unit 1) THE CAT / BALLOONS / REACH FOR THE STARS	Gymnastics (Unit I) PATHWAYS – STRAIGHT / ZIG ZAG / CURVING	Dance (Unit 2) FRIENDS / BUBBLES / SHADOWS DANCE COACH	Gymnastics (Unit J) SPINNING, TURNING, TWISTING	Dance (Unit 3) WORDS AND WORD MESSAGES / THREE LITTLE PIGS
	Games	Games (Unit 1) THROWING &	Games (Unit 2) MAKING UP A GAME	Athletics (Unit 1)	Games (Unit 3) DRIBBLING, KICKING	Games (Unit 4) GROUP GAMES	Athletics (Unit 2)

		CATCHING – INVENTING GAMES			AND HITTING	AND INVENTING RULES	
Year 3	PE	Dance (Unit 1) WHO AM I? / THE LANGUAGE OF DANCE	Gymnastics (Unit L) STRETCHING, CURLING & ARCHING	Dance (Unit 2) THE EXPLORERS / THE HORNPIPE DANCE COACH	Gymnastics (Unit N) PATHWAYS	Dance (Unit 3) THE EAGLE AND THE FISH	Gymnastics (Unit O) TRAVELLING WITH CHANGE OF FRONT AND DIRECTION
	Games	Games (Unit 1) BALL SKILLS INVASION FOCUS	Games (Unit 2) CREATIVE GAMES MAKING	Athletics (Unit 1)	Games (Unit 4) STRIKING & FIELDING GAMES CRICKET COACH	Athletics (Unit 2)	Games (Unit 3) NET/COURT/WALL GAMES
Year 4	PE	Gymnastics (Unit P) BALANCE	Dance (Unit 1) THESE SHOES ARE MADE FOR WALKING / GIRAFFES CAN'T DANCE / INCOGNITO	Gymnastics (Unit Q) RECEIVING BODY WEIGHT	Dance (Unit 2) ELECTRICITY	Gymnastics (Unit S) ROLLING	Dance (Unit 3) SNOOKER CHAMPIONSHIPS / RECORD AND REMEMBER
	Games	Games (Unit 1) NET/COURT/WALL GAMES	Games (Unit 2) PROBLEM SOLVING & INVENTING GAMES	Games (Unit 3) INVASION GAMES	Games (Unit 4) STRIKING AND FIELDING GAMES) HOCKEY COACH	Athletics (Unit 1)	Athletics (Unit 2)
Year 5	PE	Dance (Unit 1) RUBBISH!	Gymnastics (Unit T) BRIDGES	SWIMMING		SWIMMING (NON-SWIMMERS ONLY)	
				Dance (Unit 2) WHAT A CARD! / WORD POWER	Gymnastics (Unit U) FLIGHT	Dance (Unit 3) CITY LIFE / PLEASED TO SEE YOU	Gymnastics (Unit W) SPINNING AND TURNING
	Games	Games (Unit 1) NET/COURT/WALL GAMES	Athletics (Unit 1)	Games (Unit 3) INVASION GAMES HOCKEY COACH	Games (Unit 2) INVASION AND TARGET (BALL HANDLING GAMES)	Athletics (Unit 2)	Games (Unit 4) STRIKING AND FIELDING GAMES HOCKEY COACH
Year 6	PE	SWIMMING		Gymnastics (Unit Z) HOLES AND BARRIERS	Dance (Unit 2) THESEUS AND THE MINOTAUR / CAT'S CRADLE DANCE COACH	SWIMMING (SWIMMERS UNABLE TO SWIM 25M)	
		Gymnastics (Unit X) PARTNERWORK – MATCHING & MIRRORING	Dance (Unit 1) THE WORLD OF SPORT / MIX AND MATCH			Gymnastics (Unit A) COUNTER- BALANCE AND COUNTER- TENSION	Dance (Unit 3) THE RAINFOREST / HUNTING IN UNKNOWN TERRITORY

	Games	Games (Unit 1) INVASION GAMES – HOCKEY & SOCCER	Games (Unit 2) NET/COURT/WALL GAMES	Games (Unit 4) INVASION GAMES (BALL HANDLING) CRICKET COACH	Athletics (Unit 1)	Games (Unit 3) STRIKING AND FIELDING GAMES	Athletics (Unit 2)
--	--------------	---	--	---	--------------------	--	--------------------